

# NORWICH SMALL BOATS HEAD & NORFOLK SCULLS

River Yare, Norwich. Organised by Norwich Rowing Club.

[www.norwichrowingclub.com](http://www.norwichrowingclub.com)

**SATURDAY 26TH OCTOBER  
2024**

**DISTANCES 3000M & 5000M**

**Entries close  
6pm  
Saturday 19th October**

Held Under British Rowing Rules of  
Rowing & Racing and RowSafe.



# Racing Divisions

## DIVISION 1

5000m

10.00am Start

OPEN: 4x, 2x

WOMEN: 4+, 4-, 2-, 1x

MIXED: 4x

MAS: 4+, 4-, 2-, 1x

WMAS: 4x, 2x

MAS MIX: 4+, 4-, 2x

J18, J17, J16: 4+, 4-, 2-,  
1x

WJ18, WJ17, WJ16: 4x, 2x

## DIVISION 2

3000m

12.30pm Start

**JUNIORS, SENIORS  
AND MASTERS**

**ALL BOAT CLASSES  
up to 4+**

Course may be reduced to  
2200m in adverse conditions.

## DIVISION 3

5000m

2.45pm Start

OPEN: 4+, 4-, 2-, 1x

WOMEN: 4x, 2x

MIXED: 4+, 4-, 2x

MAS: 4x, 2x

WMAS: 4+, 4-, 2-, 1x

MAS MIX: 4x

J18, J17, J16: 4x, 2x

WJ18, WJ17, WJ16:

4+, 4-, 2-, 1x

**Prizes awarded to winners of all events  
with 3 or more entries.**

**The Norfolk Sculls Shield** is awarded to the  
fastest single sculler (raw time) on the 5000m course.

Masters handicaps will be applied as per British Rowing rules.  
Age categories may be combined in a single event to ensure  
competitive racing.

**Entries and payments by BROE, £14 per seat**  
Deadline for entries 6pm on Saturday 19th October

**For all enquiries please contact Sarah Lister (Event Secretary)**  
Tel: 07881 911800 Email: [listie@hotmail.co.uk](mailto:listie@hotmail.co.uk)  
[www.norwichrowingclub.com](http://www.norwichrowingclub.com)

The draw will take place at 6.30pm on 20th October at Whitlingham Boathouse.